

# Treehouse Fruit and Vegetable Activities

Week Seven

# Growing Carrot tops

## Instructions:

Line a tray with cotton wool.

Cut the top off a few carrots (be very careful and make sure there is an adult to help!).

Place the carrot tops on top of the cotton wool.

Pour on slightly more water than the cotton wool can absorb.

Place the tray in a sunny place (window sill is ideal).

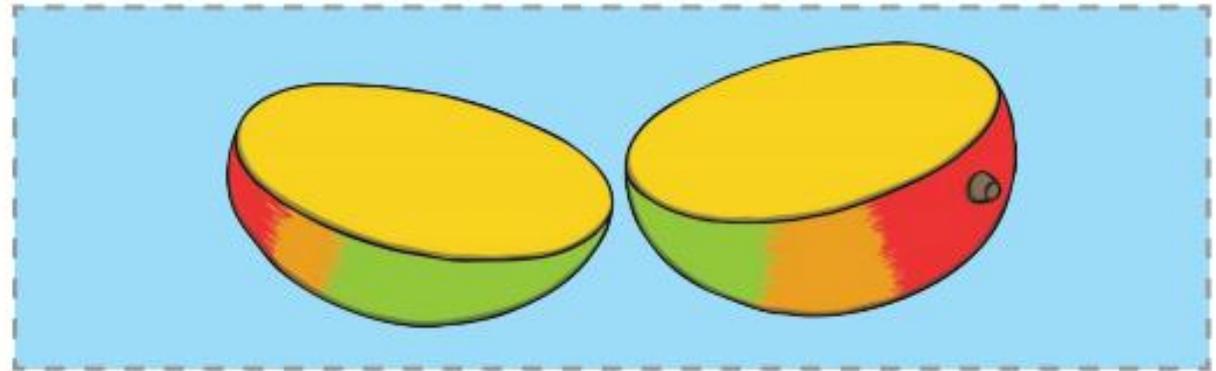
Water the carrots each day

Talk about the need for plants to have sun and water, then sit back and watch them grow!

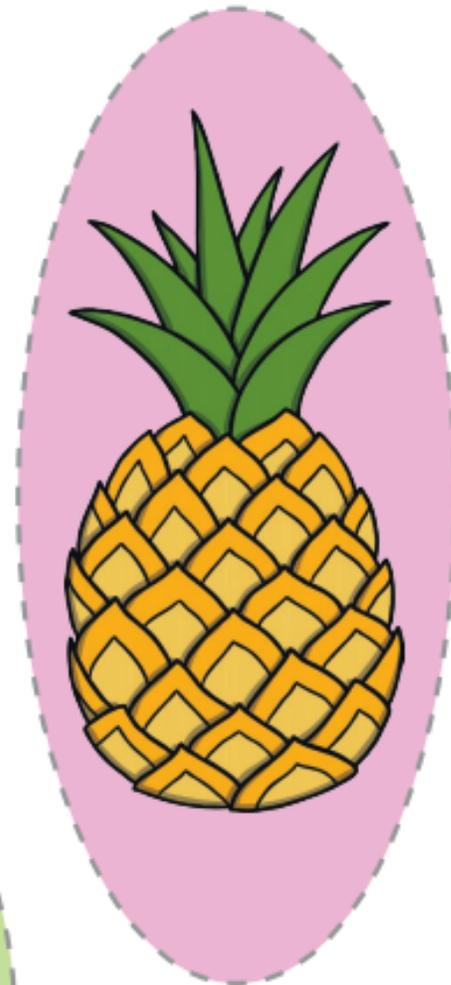
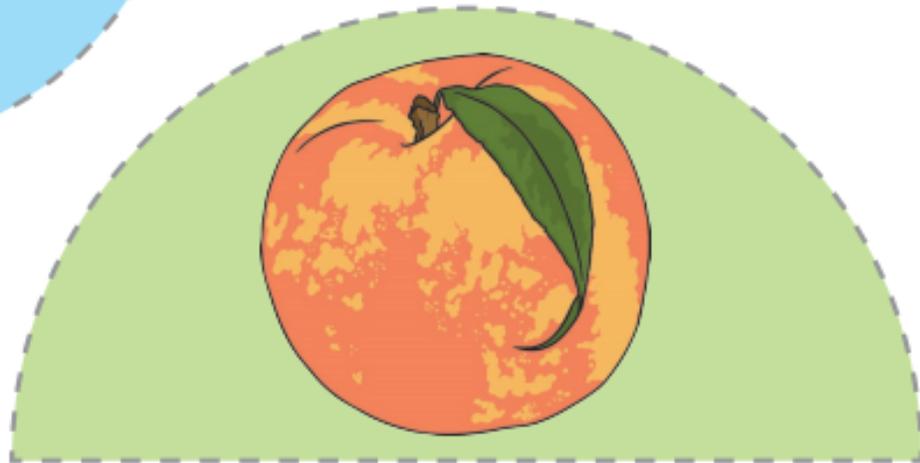
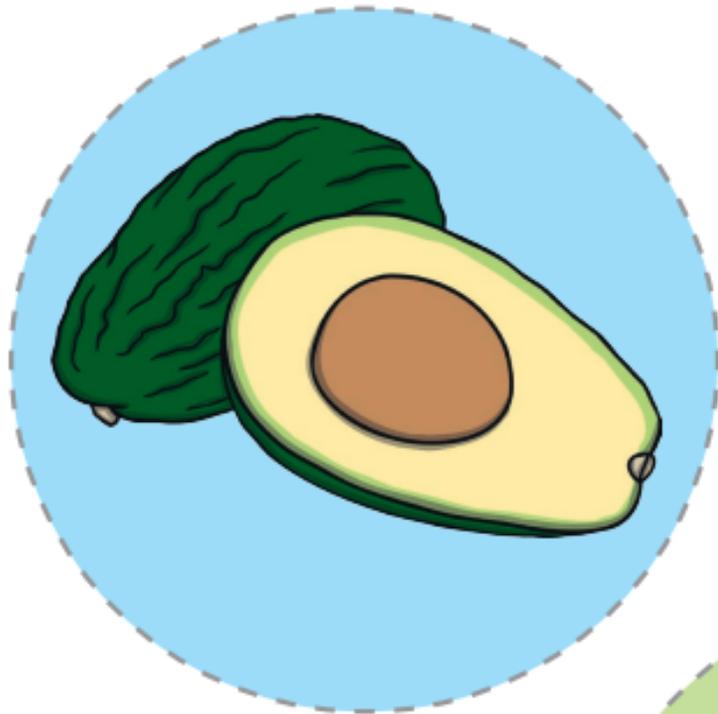
You can eat the green tops that grow.



# Fine Motor Skills - Cutting



# Fine Motor Skills - Cutting



# Where do Fruit and Vegetables come from?

Watch this [video](#) and then have a go at identifying where the different items grow:



apples



grapes



oranges



potatoes



onions



pumpkins



carrots



raspberries



trees



bushes



vines



under the ground

# Sensory Activity - Dough

## You will need:

8 parts flours

1 part baby oil

## Method:

1. Mix together, it will be soft but holds together like wet sand.
2. Add a splash of food colouring.
3. Use different scents of baby oil, appropriate to colour.



# Sensory Activity - Ice

## You will need:

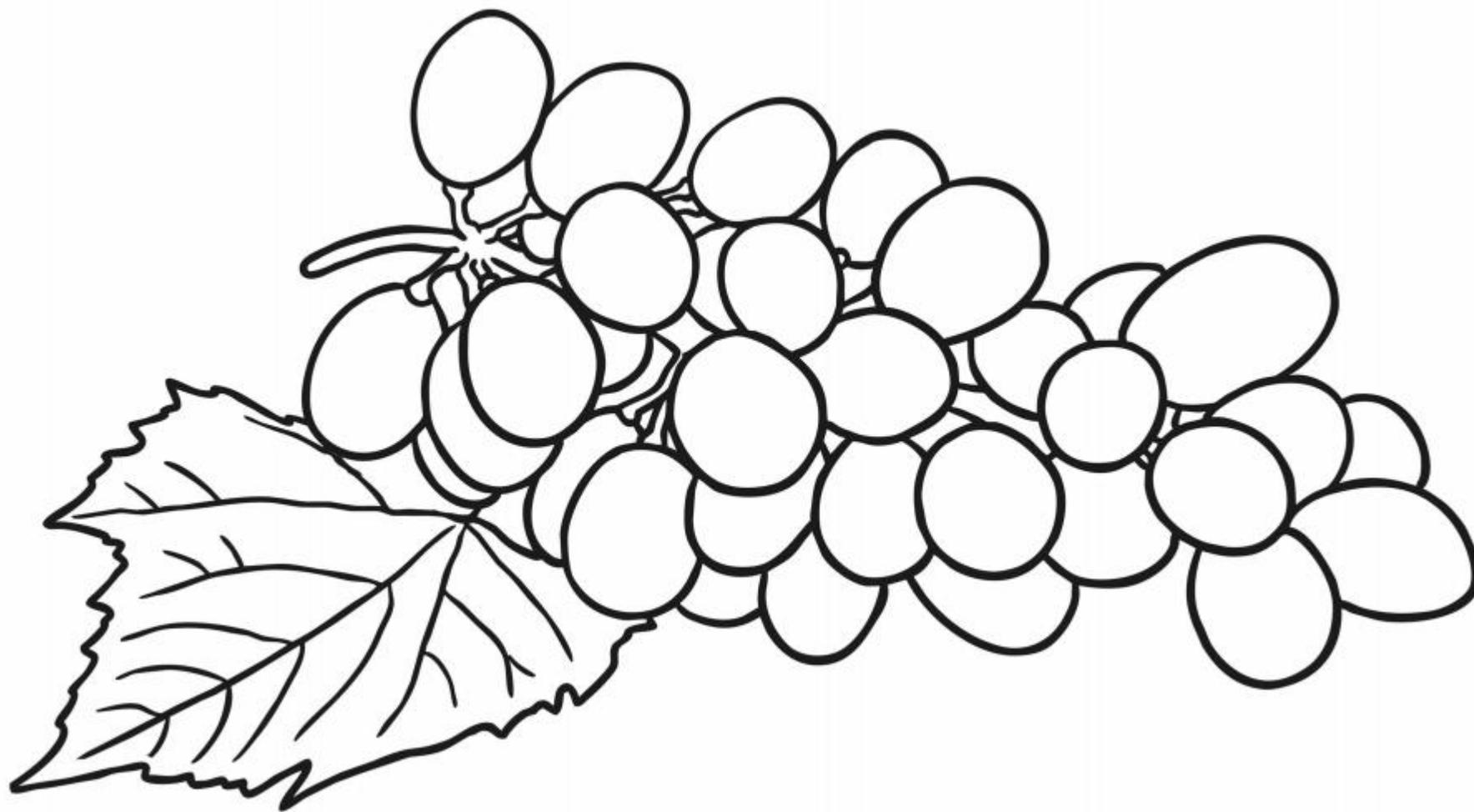
Ice

## Tips:

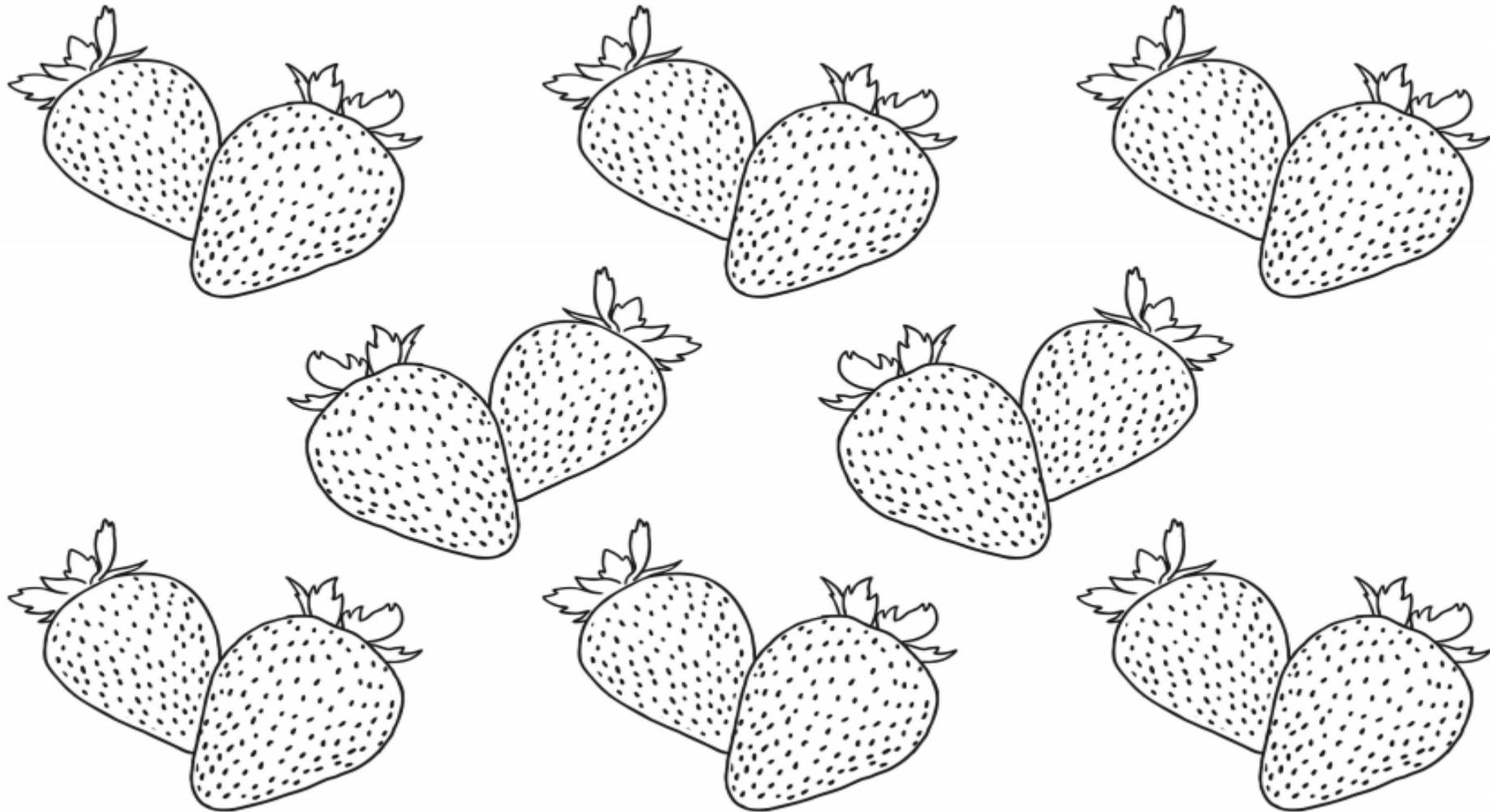
- Put water into moulds with children.
- Freeze objects into ice.
- Grate to make snow.
- Provide salt to melt ice.
- Use range of moulds eg. small balloons and gloves.
- Add food colouring before freezing.
- Layer up different colours as they freeze.
- Put ice in water and add toy boats, penguins, etc.



# Colouring grapes



# Colouring strawberries



I'd love to see photos of the work you have been doing this week!

Please email them to me at:  
[treehouse@chipstead.croydon.sch.uk](mailto:treehouse@chipstead.croydon.sch.uk)