

Chipstead Valley Primary School

Safeguarding Newsletter- Summer 1



OUR SAFEGUARDING TEAM



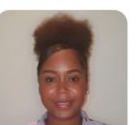
Clare Rackham
Designated
Safeguarding Lead



Hannah Harding
Designated
Safeguarding Lead



Laura Broad
Deputy
Safeguarding Lead



Samara Gray
Deputy
Safeguarding Lead



Lucy Leidecker
Deputy
Safeguarding Lead



Lara Westcott
Deputy
Safeguarding Lead



Agneta Rosewell
Deputy
Safeguarding Lead



Rebecca Herrera
Deputy
Safeguarding Lead

Speak to a member of our safeguarding team if you are worried about a child.

Our safeguarding team liaise with children's social care and other external agencies to support families.

Staff can contact children's social care directly in an emergency where no member of the safeguarding team can be contacted.

Our safeguarding team are here to listen, help and support your family.

Croydon Emotional Wellbeing Helpline

Croydon have a number which any professional, parent or young person can call if they would like non-emergency advice about the wellbeing of a child or young person.

Telephone: 07702339000

The Croydon Support and Interventions Team

This team offer parenting programmes for parents and carers of children of all ages from 0 to 18 years. All Croydon residents have access to the parenting programmes – they are also free of charge and run throughout the year with day and evening courses.

<https://new.croydon.gov.uk/children-young-people-and-families/early-help-support/parenting-programmes>



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Seeking Help.

The last year has been extra stressful, especially if you are a parent. With many restrictions still in place, it is normal and entirely understandable if you are feeling overwhelmed frustrated, worried or exhausted about the situation.

It is important that you keep monitoring and talking to your child about any easing of restrictions. Ensure that you provide age-appropriate information about what is going on, reassure them and ask they are feeling.

Throughout our Wellbeing Curriculum at school, children have the opportunity to talk about their emotions and share any worries or concerns with their teachers.

If you need support, at Chipstead Valley, we are here for you and can often point you in the right direction of a service who can help you out.

Early Help

Often when one person in a family has a problem, it can affect other people. Early Help brings together professionals who work with the whole family to try to improve things for everyone. Early Help could include support with parenting, employment, anti-social behaviour and emotional wellbeing and much more.

Someone your family is already in contact with, such as a teacher or health visitor, might suggest that you would benefit from Early Help. You could also speak to a professional currently working with your family to find out more.

Early Help is a service which is there to help and not judge. They are there to offer low-level support, before things escalate. A professional makes a referral on your behalf and it is entirely consent based.

Below is a leaflet about Croydon Early Help's offer of support:

<https://www.croydon.gov.uk/sites/default/files/articles/downloads/Early%20Help%20Leaflet%20for%20Families.pdf>



Croydon Home Start

Home-Start Croydon is a voluntary organisation committed to supporting local families through their Home-Visiting Service and specialist projects. They support families who are experiencing difficulties or suffering stress and who have at least one child under the age of five years.

Telephone: 020 8667 0207

Email: contact@croydon-homestart.co.uk



Parents - please be aware



There has been an increase in young people buying what at first appear to be regular **JELLY SWEETS**, **GUMMY BEARS** or similar sweets.

These sweets are not what they appear to be. They are in fact mixed with **CANNABIS** and have a detrimental effect on those eating them.

Sadly, a number of school pupils in Sutton have been either very ill or **HOSPITALISED** as a result of eating them.

The schools in Sutton have been made aware of these incidents. The school staff are being observant and students found in possession will be directed to the police.

Please familiarise yourselves with the below. Sutton police have seized these cannabis sweets this week. Keep an eye out for the below/similar packets of sweets. They have 'cannabis infused' or similar written on them.



If you find any, then please inform the school or call the Police on 101 or 999.

Croydon Best Start

Best Start is a service from pregnancy until your child turns 5. It is made up of a number of different organisations all working together to support you to give your child the Best Start in life. By working together Best Start aims to give you a smooth service and ensure that you get all the information you need at the right time.

Our closest Best Start children's centre is Byron Children's Centre.

<https://www.croydon.gov.uk/community/childcare/childcentres/about-best-start>



Purley Food Hub

Purley Food Hub have continued to support families in our local community throughout lockdown, providing weekly food deliveries.

If you are in need of this service, please contact Miss Harding in confidence.

FJC

Care and support in Croydon for those experiencing domestic abuse

You can make an appointment by contacting us on: 020 8688 0100

Monday-Friday, 9am-5pm and weekends, 10am-4pm.

CROYDON
www.croydon.gov.uk

Family Justice Centre (FJC)

The FJC can provide you and your family with support and a safety plan if you don't feel safe at home. Their aim is to listen and respond to your needs in a safe way.

For example, you can get help if:

- You don't feel safe at home;
- Are afraid of your partner or a family member;
- You are being criticised or insulted by your partner or a family member;
- You feel your every move is being monitored.

To make an appointment you can call them or drop-in to their centre using the details in the box above. The FJC does not publicly show their address for your safety, so please contact them by phone or email to get the address.

ARE YOU SUFFERING DOMESTIC ABUSE?

Staying at home isn't safe for everyone

The Croydon FJC is there to support you
Call 020 8688 0100

Or call the 24hr National Domestic Abuse Hotline
0808 2000 247

#YOUARENOTALONE



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