

Chipstead Valley Primary School

Safeguarding Newsletter- Spring 1




OUR SAFEGUARDING TEAM



Clare Rackham
Designated
Safeguarding Lead



Hannah Harding
Designated
Safeguarding Lead



Laura Broad
Deputy
Safeguarding Lead



Samara Gray
Deputy
Safeguarding Lead



Lucy Leidecker
Deputy
Safeguarding Lead



Lara Westcott
Deputy
Safeguarding Lead



Agneta Rosewell
Deputy
Safeguarding Lead



Rebecca Herrera
Deputy
Safeguarding Lead

Speak to a member of our safeguarding team if you are worried about a child.

Our safeguarding team liaise with children's social care and other external agencies to support families.

Staff can contact children's social care directly in an emergency where no member of the safeguarding team can be contacted.

Our safeguarding team are here to listen, help and support your family.

What is a Designated Safeguarding Lead?

Governing bodies should ensure that the school or college designates an appropriate senior member of staff to take lead responsibility for child protection. At CVPS we have a safeguarding team with two designated safeguarding leads and six deputies.

Key aspects of the "Designated Safeguarding Lead" role include:

- Making sure all staff are aware how to raise safeguarding concerns,
- Ensuring all staff understand the symptoms of child abuse and neglect,
- Referring any concerns to social care,
- Monitoring children who open to social care or require additional support,
- Maintaining accurate and secure child protection records,
- Raising awareness of the school's safeguarding policies and procedures, and ensuring they are implemented and reviewed regularly.

Sexual Harassment in Schools

Last year, OFSTED completed an investigation into sexual harassment in schools and colleges. After speaking to over 900 pupils of all ages, the review revealed how prevalent sexual harassment and online sexual abuse are for children and young people. The report said that for some children, incidents are so commonplace that they see no point in reporting them. Girls told OFSTED that sexual harassment and online sexual abuse, such as being sent unsolicited explicit sexual material and being pressured to send nude pictures ('nudes'), are much more prevalent than adults realise. For example, nearly 90% of girls, and nearly 50% of boys, said being sent explicit pictures or videos of things they did not want to see happens a lot or sometimes to them or their peers.

What is sexual harassment?

Sexual harassment in general is any unwanted sexual attention that can cause physical, emotional, mental, psychological or economic harm to the victim. It can happen both online or offline.

Does this happen in primary schools?

Boys and girls mix together in every social environment, at every age and many children will never experience sexism, harassment or abuse based on gender. It is important that we teach all children (both boys and girls), of all ages, what is acceptable interaction and what is not, and then what they must do if any unwanted attention happens to them. The report recommended that school leaders should create a culture where sexual harassment and online sexual abuse are not tolerated, and where they identify issues and intervene early to better protect children and young people.



The Importance of Sleep

A good night sleep is essential to feeling good, being able to learn and staying healthy. A lack of sleep can make children feel poorly, unable to learn and not want to go out with friends and family.

The NHS recommends the following number of hours of sleep for each age:

Age	Amount of sleep
5 years old	11 hours
6 years old	10 hours 45 minutes
7 years old	10 hours 30 minutes
8 years old	10 hours 15 minutes
9 years old	10 hours
10 years old	9 hours 45 minutes
11 years old	9 hours 30 minutes



Free online counselling support for young people!
Discover everything Kooth has to offer



Contact Details

Are your contact details up to date? Do we have more than one emergency contact?

If you change your home phone, address, email, or mobile number, please let the school know, so that we have the most up-to-date contact details. Safeguarding concerns can present themselves when we are unable to get hold of a parent or carer, especially during an emergency,

Discord

New apps and features are released every day that promise to help keep you easily connected to others. One of the most popular online spaces for children and young people to connect is Discord.

Discord is a free online platform (owned by Amazon) that hosts voice, video, and text chat. It was founded in 2015 by two friends who wanted a better way for gamers to connect with each other whilst on-line gaming. The global COVID-19 pandemic saw an increase in active users for the platform which now sees Discord calling itself a "space for everyone to find belonging."

Discord's simple design is especially appealing to children and young people. However, this creates a prime environment for someone with harmful intentions to easily build rapport with a young person based on similar interests. Risks can include sexual exploitation, inappropriate or illegal content, lack of privacy settings and harsh or inappropriate language and bullying.



See link below for guidance and advice:

[The World According to Discord: Your Guide to the Online Chat Platform - Inege Safeguarding Group](#)

Social Media Age Restrictions

As a result of Christmas, some children may have received new gadgets with social media accounts as part of these. It is vital that there are adequate security settings on any technology your child is using.

Just a reminder of the age restrictions for some popular apps:



Purley Food Hub

Purley Food Hub have continued to support families in our local community throughout lockdown, providing weekly food deliveries.

If you are in need of this service, please contact Miss Harding in confidence.



FJC

Care and support in Croydon for those experiencing domestic abuse

You can make an appointment by contacting us on: 020 8688 0100

Monday-Friday, 9am-5pm and weekends, 10am-4pm.

CROYDON
www.croydon.gov.uk

Kiddle

Child friendly search engines help us to ensure that children are using the internet in a safe way. Kiddle.co is a visual search engine for children powered by Google which offers a safe web, image and video search. You can access it here www.kiddle.co

We need to be aware that those who wish children harm will find their way round the safeguards included in these search engines, so while these search engines may make searching safer for children they are not a replacement for online safety filters. UK Safer Internet Centre provides excellent independent advice on setting up internet filters at home.

<https://www.saferinternet.org.uk>



What is Equality and Diversity?

Equality and Diversity is the concept of accepting and promoting people's differences. The fundamental goal when promoting equality is to raise awareness and make sure that all individuals are treated equally and fairly. In our school we are fortunate to have a wide range of children, from different backgrounds and with different abilities, which we wish to learn from and celebrate.

During the Autumn term we marked European Day of Language, Black History Month, Show Racism the Red Card and many more! This term, we are looking forward to learning about Chinese New Year, on Tuesday 1st February. It would be lovely to hear from any families that will be celebrating this year and would like to share their knowledge with our children.



Equality and Diversity is extremely important to us here at CVPS. We want all children to feel represented within the school and to have the opportunity to learn about an array of celebrations and awareness days. If you would like to talk about any special event, celebration or awareness days, please do feel free to get in touch. We would be more than happy to discuss this with you.