

CHIPSTEAD VALLEY PRIMARY SCHOOL
Whole School Wellbeing Themes 2023

Relationships	Health Physical and Mental Wellbeing Safeguarding Keeping Safe; Internet Safety	Citizenship Equality and Diversity; The Environment; Economics
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Autumn Term	What makes a good learner? What makes a good classmate?	What makes a good friend?	How can I manage my feelings?	How can my actions affect others?	Celebrating Difference Week	How can I resolve conflict?	Where do I belong?
Spring Term	How can we look after other living things?	What effect do we have on our environment? How can we look after our environment? <i>School based project e.g. gardening, making items out of recycled materials</i>	Children's Mental Health Week and Safer Internet Day (In line with the annual theme)	What/who helps me to keep safe in our community and online?	How do I keep myself safe? <i>*Link to independence and responsibility</i>	Keeping Safe Week (Police visit where possible)	
Summer Term	What does being 'healthy' mean and what can I do to keep myself healthy?	How can I regulate my emotions?	How can I take care of myself, including online?	How can I cope with change and loss?	MY MONEY WEEK	What happens when we grow up?	How do I manage change?