

Chipstead Valley Primary School Safeguarding Newsletter- Spring 1



OUR SAFEGUARDING TEAM



Clare Rackham Designated Safeguarding Lead
Hannah White Designated Safeguarding Lead
Louise Bacon Deputy Safeguarding Lead
Rebecca Herrera Deputy Safeguarding Lead



Samara Gray Deputy Safeguarding Lead
Lara Newman Deputy Safeguarding Lead
Harvey Chapman Deputy Safeguarding Lead

Speak to a member of our safeguarding team if you are worried about a child.

Our safeguarding team liaise with children's social care and other external agencies to support families.

Staff can contact children's social care directly in an emergency where no member of the safeguarding team can be contacted.

Our safeguarding team are here to listen, help and support your family.

Safeguarding Governor Role

The Safeguarding Governors' responsibilities include:

- Ensuring the school is following safer recruitment procedures when recruiting any new staff members
- Reviewing all activity and policy relating to the physical and emotional well-being of all children
- Seeking improvement to ensure the school follows best practice in creating a productive and safe environment for all

At CVPS, Shellie Rowe is our safeguarding governor.



Mobile Phones and Smart Watches

If a mobile phone is brought into school by a Year 5 or 6 child, it must be handed to their class teacher, who will ensure it is safely stored in the office for the duration of the school day. Mobile phones are at no point allowed to be out or used by children. This rule is in place for safeguarding reasons.

We are also aware that some children were lucky enough to receive a Smart watch over the Christmas period. Smart watches are internet and camera enabled and therefore pose the same concerns as mobile phones in terms of safeguarding. Children are allowed to wear analogue watches only and the same rules as mobiles phones apply to any smart watches; they are not allowed to wear their watch on school premises at any time, including before and after school (e.g. during after school club or an extra-curricular club). Children are allowed to wear step-counting watches (such as Fitbits) as long as they are not internet enabled, have a camera or any games functions.

Olio

Share more, waste less!

Beat waste with Olio: the app for finding what you need and sharing what you don't with local people.

Olio is a local sharing app for passing on things you no longer need to people who live nearby. From food and clothes to books and toys, turn your useless into someone else's useful on Olio — and help fight waste. Give and get for free; lend and borrow for free; or buy and sell pre-loved items.

Download the free app and get saving!




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Safeguarding In Our Curriculum

We believe that one of the best ways to safeguard children is to equip them with the knowledge and skills to be able to keep themselves safe. Safeguarding themes are interwoven throughout our Wellbeing curriculum and the opportunities we offer in school. Look at our website to see how our Wellbeing curriculum is covered across the school:

<https://www.chipsteadvalley.com/our-curriculum/curriculum-information/wider-curriculum/>

2024

Are all your contact details up to date?

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details.



Be Bright, Be Seen!

We are always mindful for the safety of our children near roads and conscious of how vulnerable they can be.

At this time of year, with reduced visibility for drivers your child is even more vulnerable near roads. With new bikes and scooters arriving at Christmas for some, the temptation to go out in the evening will be even stronger. Below, we have included some safety tips so that you can discuss with your child/ren how important it is to be visible when near roads.

These tips emphasise how wearing brightly coloured clothing shows up well in daylight but, as it gets dark, reflective clothing and accessories are far more effective in signalling pedestrians or cyclists to drivers.

For more information and activities to do with your child(ren) please visit: [Be bright be seen game – THINK!](#)

5 top tips on how to BE BRIGHT & BE SEEN

- 1** Brightly coloured or fluorescent clothing shows up well in daylight and at dusk when you're heading to and from school.
- 2** If you're out and about when it's dark, wear reflective gear to make sure you can be seen in car headlights. Reflective vests, sashes or wristbands work well. Remember, fluorescent clothing doesn't work after dark!
- 3** Don't forget to accessorise! Even small items such as clip-on reflectors, armbands and stickers on your outfit or school bag are a great way to improve your visibility.
- 4** If you like to cycle, remember that it's the law to have clean and working lights at night (white at the front, red at the back), as well as a rear reflector. It's good to fit spoke reflectors too.
- 5** Of course, 'Being Bright' isn't the only way to stay safer. If you're out at night, choose routes and crossing places that are well lit and remember to always use the Green Cross Code.

For more road safety tips, games and videos, visit the Tales of the Road website at www.direct.gov.uk/talesoftheroad

FJC

Care and support in Croydon for those experiencing domestic abuse

You can make an appointment by contacting us on: 020 8688 0100

Monday-Friday, 9am-5pm and weekends, 10am-4pm.

CROYDON
www.croydon.gov.uk

Useful Safeguarding Acronyms and Vocabulary

- DSL:** Designated Safeguarding Lead
- MASH:** Multi-Agency Safeguarding Hub
- CP:** Child Protection
- CiN:** Child in Need
- CEOP:** Child Exploitation and On-Line Protection Centre
- KCSIE:** Keeping Children Safe in Education
- PREVENT:** Part of the Government's Counter Terrorism Strategy to stop people being drawn in to extremism
- CAMHs:** Child and Adolescent Mental Health Services
- SEND:** Special Educational Needs & Disabilities

Good to know – reminders of the minimum age for popular apps

- Facebook (minimum age 13)** – lets users create their own profiles, share status updates, pictures, videos and chat with other users and also has a messenger app.
- Instagram (minimum age 13)** – allows users to alter photos, upload them and share to other social networking sites. Photos and videos can be sent directly to specific users.
- Snapchat (minimum age 13)** – a photo-sharing app where users can send photos or videos to their friends. These will display on screen for up to ten seconds before being deleted, although it is possible to take screenshots of messages and download other apps designed to capture and save Snapchat content.
- TikTok (minimum age 13)** – TikTok users can make their own short videos on the mobile app and often like to have music accompany these. The users have creative control over the videos. Other TikTok users can 'react' to videos they see by filming their responses alongside the original video, or 'duet' by making a video alongside another video.
- Twitter (minimum age 13)** – a social network that lets users send and read 'Tweets': messages limited to 280 characters.
- Tumblr (minimum age 16)** – a social networking site where users can post blogs and follow other people's blogs. Some of the content on this site includes sexual and/or pornographic images.
- WhatsApp (minimum age 16)** – a free-of-charge, real-time messaging service. Users can share images and videos, take part in 'group chats' and share locations. As it's based on knowing the user's phone number, you can only message users if you already have this information.
- YouTube (minimum age 16)** – allows users to watch, create and comment on videos. The dislike button can create insecurities with content posted even if comments are turned off for the video.

Urgent and other support available

- shout 85258**
Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or visit [Shout Crisis Text Line](#)
- SAMARITANS**
Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org
- Crisis Tools**
Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)
- PAPYRUS**
Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight – 365 days a year)
- childline**
Childline offers confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or online chat with a counsellor
- THE MIX**
The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am – 11pm every day) or Email
- Beat**
Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am – 8pm during the week and 4pm – 8pm on weekends and bank holidays)
- Good Thinking**
Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps
- Keeth**
Keeth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine

Purley Food Hub

Purley Food Hub have continued to support families in our local community.

If you are in need of this service or additional financial wellbeing support, please contact Mrs White in confidence.

