

PGL Residential: Important Information and Kit List (2019)

Important Information:

- Clothes and belongings should be packed in a suitcase or a holdall, clearly labelled with your child's name.
- It is recommended that you pack your bag with your child so that they know where all the clothing is when unpacking.
- Children can bring up to 30 Euros to spend during the week, however it will be their responsibility to keep this safe in their bag!

Departure from school

-We will be leaving at 5.30am- please arrive from **5am at the Hungry Horse Pub.**

-Although early, children should try to eat something at home before arriving at school. Alternatively, they can bring breakfast snacks to eat on the ferry.

Journey through France, and lunch arrangements:

-Children should have 2 bags: a backpack (for the coach with packed lunch inside and then to use during the day trips during the week) and a suitcase/holdall. Separate to this they should bring a pillow for the coach.

-Please provide your child with a considerable packed lunch for the journey – we will be stopping as necessary.

Kit list for the week:

From experience, we have found the days to be warm and the evenings and mornings cool.

- Pillow (to be taken on to the coach). Bedding is provided by PGL.
- Comfortable clothing for travelling (not school uniform)
- Drinking bottle (water) and a spare in case it is lost.
- Socks & underwear for 4 days plus some extras (at least two extra sets)
- Night clothes
- Short sleeved & long sleeved t-shirts (they will be unable to do certain activities without a long sleeved shirt)
- Tracksuit / jogging bottoms
- Shorts
- Thick warm sweaters / fleeces
- Sweatshirts
- Waterproof jacket
- Outdoor shoes / trainers (2 pairs – these may get soaking wet and muddy!)
- Indoor shoes / trainers
- Plastic bags for laundry / wet items
- Small day rucksack
- Swimming kit plus extra towel
- Towel (large)
- Hat
- Sun protection cream
- Toiletries e.g. shampoo, toothpaste, shower gel, hair ties, roll-on deodorant (**not spray**)

Any medication required e.g. inhalers – provided to first aiders when dropping off children at Hungry Horse



Optional items

- Camera (please name this). Digital cameras are allowed but at child's risk!
- Small cuddly toy
- Games for the coach/playing cards
- Reading material
- Pencil case

Please note:

-On Friday (departure from PGL), children will be provided with a considerable packed lunch for the journey home

-Mobile phones and electronic games etc... are not allowed

- We will be aiming to return to school at 7pm – we will keep you updated!